



PRESCRIPTION FOR HEALTH: FOOD AS MEDICINE CONFERENCE

NOV. 4 | 8 A.M.- 4:30 P.M.

Start	End	Title	Presenter
8:00 AM	9:00 AM	Registration	
9:00 AM	9:10 AM	Welcome and Introduction	
9:10 AM	10:15 AM	Keynote: A Delicious Antidote: The Current and Future Landscape of Food is Medicine	Jaclyn Albin, M.D., CCMS, DipABLM Associate Professor Departments of Internal Medicine and Pediatrics UT Southwestern Medical Center
10:15 AM	10:30 AM	Break	
10:30 AM	11:30 AM	Plenary I “WHY” Three program perspectives	<i>Nutrition’s Role in Cancer Prevention, Treatment, and Survivorship</i> Rebecca Blaylock, RD UAMS <i>Breaking Bread: Building Connections through Community Nutrition</i> Samantha Statder, RD Baptist Health <i>But How Do I Make It Taste Good?</i> Blake Metcalf, DCN, RD, LD, CCMS, FAND AR Colleges of Health Education
11:30 AM	12:30 PM	Round Table Session “Why”	Drs. Gloria Richard-Davis and Gina Drobena moderators and “WHY” speakers
12:30 PM	1:30 PM	Lunch Virtual attendee cooking presentation	Alyssa Frisby, RD UAMS Culinary Medicine
1:30 PM	2:30 PM	Plenary II “HOW” Three program perspectives	<i>Culinary Medicine in Action Field Notes</i> Chef Erin Szopiak, RD , Brightwater Center <i>Food is health – Building Programs that Prevent Disease and Optimize Health</i> Prof. Marie van der Merwe, PhD

			University of Memphis <i>Using Food Demos to Support Nutrition Education</i> Chef Mark Elliotte AR Heart Hospital
2:30 PM	3:30 PM	Round Table Session HOW?"	Gloria Richard-Davis, MD and Gina Drobena, MD moderators and 'HOW?' speakers
3:30 PM	3:45 PM	Break	
3:45 PM	4:15 PM	Demo with Q&A "How to Run a Teaching Kitchen"	Gina Drobena, MD, Gloria Richard-Davis, MD and Alyssa Frisby, RD
4:15 PM	4:30 PM	Closing Remarks	Gina Drobena, MD and Gloria Richard-Davis, MD

OPTIONAL: Post-Conference Teaching Kitchen Practicum

IOA Teaching Kitchen

Start	End	Title	Presenter
4:30 PM	4:45 PM	Sign in for participants who have preregistered	
4:45 PM	5:45 PM	Hands-on teaching activity limited to 20 participants	Alyssa Frisby, RD and Faculty